

**Bad Boys Bail Bonds & The Alan & Bonnie AERTS Foundation**  
Presents  
**Love's Silicon Valley Productions**  
**USPF San Jose Powerlifting, Benchpress/Deadlift Championship**  
**Hosted by Evergreen Valley High School**

- DATE & TIME:** Saturday, May 19, 2007 10:00 AM  
**LOCATION:** Evergreen Valley High School, 3300 Quimby Road, San Jose, CA 95148
- DIRECTIONS:** Go to [www.mapquest.com](http://www.mapquest.com) for directions from your location
- SANCTIONED BY:** United States Powerlifting Federation (USPF)  
**ELIGIBILITY:** Any male or female age 13 years or older. Lifters must be current USPF cardholders. Cards will be available at the meet location for \$30 (High School--\$15)
- DIVISIONS:** Open men, Junior Men, Master men, All Women (Open, Junior, Master)
- Note: You can enter the Open division and still be able to break records as a Master or Junior.
- WEIGHT CLASSES:** Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, 308+  
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+
- RULES:** Current USPF rules. One piece wrestling type singlet must be worn. Single ply squat, bench, and deadlift suits only. Denim ok, Velcro on bench shirt must be closed—no open back shirts. Groove briefs and Erector shirts ok.
- SCHEDULE:** Early weigh-in & Equipment Check: -----Friday 6:00pm to 7:30pm  
Regular Equipment check & Weigh-in:-----Saturday, 7:00 to 9:00am  
(All Lifters) Rules Briefing: -----Saturday, 9:10am  
Lifting Begins: -----Saturday, 10:00am
- AWARDS:** Open Men (any age 13+)----- 1<sup>st</sup> - 3<sup>rd</sup> place in each weight class  
Junior Men 13-15, 16-18, 19-23-----1<sup>st</sup> - 3<sup>rd</sup> place in each age group by formula  
Master Men 40-49, 50-59, 60+-----1<sup>st</sup> - 3<sup>rd</sup> place in each age group by formula.  
All Women -----1<sup>st</sup> - 3<sup>rd</sup> place in each weight class  
Best Lifter----- Open, Junior, Master, Women for PL, Open BP/DL
- ENTRY FEE:** \$60 per lifter, High School & College lifters--\$25. Add \$30 if entering additional event or division (PL & BP —2 awards or Open & Master—2 awards)
- SPECTATOR FEE:** Adults: \$8, Students with ID: \$5. Minors 12 & under: Free. A portion of proceeds will benefit the Evergreen Valley P.E. Department.
- DEADLINE:** Entries must be postmarked by Saturday, May 5, 2007. \$60 per lifter  
Late entry fee: \$20. Call Paul if you feel you have a good excuse for being late.
- PAYMENT:** Make check or money order payable to: Paul Love  
Send entry form and payment to:  
Love's Silicon Valley Productions, PO Box 3156, San Jose, CA 95156
- QUESTIONS:** Call Paul Love at 408-238-7413 or email at [paul.love@sbcglobal.net](mailto:paul.love@sbcglobal.net)  
Website: [www.paullovesvproductions.com](http://www.paullovesvproductions.com)
- WEBSITE:** Go to [www.powerliftingca.com](http://www.powerliftingca.com) to print additional copies of the entry form or to view the American or California State records and rules.
- ACCOMODATIONS:** Mention "Powerlifting " to get discounted rates.
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| <b>RESIDENCE INN</b><br>6111 San Ignacio Ave<br>San Jose, CA 95119<br>Rates: \$89 to \$99. SR \$76<br>Phone: 408-226-7676 | <b>EXTENDED STAY</b><br>6199 San Ignacio<br>San Jose, CA 95119<br>Rates: \$59 to \$69<br>Phone: 408-226-4499 |
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# Entry Form

## USPF San Jose Powerlifting, Benchpress, & Deadlift Championship

PLEASE PRINT OR TYPE CLEARLY

Name: \_\_\_\_\_ Age on May 19: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone # ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Circle the weight class you are entering

**Men's**

Weight Classes: 114LB 123LB 132LB 148LB 165LB 181LB 198LB 220LB 242LB 275LB 308LB 308+LB

**Women's**

Weight Classes: 97LB 105LB 114LB 123LB 132LB 148LB 165LB 181LB 198LB 198+LB

Circle the Division you are entering

Open Men-any age 13+

Junior Men 13-15, 16-18, 19-23

All Women

Master Men 40-49, 50-59, 60+

Circle the event you will be entering

Benchpress only-\$60

Deadlift only-\$60

Powerlifting-\$60  
(squat, bench, deadlift)

DEADLINE: May 5, 2007

ENTRY FEE: \$60.00 per adult lifter,  
High School & College lifters--\$25  
Add \$30 for additional event or division

Send your entry form and payment to: Love's Silicon Valley Productions, PO Box 3156, San Jose, CA 95156

*Disclaimer:*

In consideration of the acceptance of my application for entry into the 2007 San Jose Powerlifting, Benchpress, & Deadlift Championship sanctioned by the United States Powerlifting Federation (USPF) on the day of May 19, 2007 I hereby waive, release, and discard any and all claims for damages, death, personal injury or property damage which I may have or which may hereafter occur to me as a result of my participation in said event. This release is intended to discharge in advance, Paul Love, the USPF, and any other unnamed sponsors, officials, agents, or representatives of these individual organizations from and against all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of the negligence or carelessness on the part of persons or entities mentioned above. I understand that I am not covered for any personal injury and/or property damage under any medical or liability insurance policies of any of the aforementioned parties or any other sponsors. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.

\_\_\_\_\_  
Signature of Competitor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian  
If competitor is under 18 years old

\_\_\_\_\_  
Date